



TheInnerDancer.com | ContactSamantha@gmail.com

**BTA Bonus Class with Samantha Karim  
HOMEWORK WEEK 1**

**Please complete and bring to next class.**

1. What is your current approach to teaching? Improvisation? Planned? Please be detailed in breaking it down.
2. What works with the way you teach?
3. What doesn't work with the way you teach?
4. How are you showing up in class? Meaning, how is your energy, presence, physical presence, preparedness, etc.
5. What needs to be put into place to make your teaching approach work (consider your answer for question 3)?



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6. Get super clear on your why, values and who you are to fulfill your why – practice being this now. Relist them here.

7. How does being in your “why” shift your “how”? How do your actions now look because of it?

8. Watch the following TED Talks and answer questions about the video to answer.

[Simon Sinek – How great leaders inspire action](#)

Where does your teaching currently line up in regards to the golden circles?

Are you staying in the what, how, or why? And why?

[Tom Wujec – Build a tower, build a team](#)

How often do you get stuck in thinking? How does this impact you?

Do you get stuck in trying to get it right versus taking action? Why is that?